



Whoso among you in life takes delight
and longs to see many good days?
Keep your tongue free from all malice and spite,
your lips from deception and lies.
Turn back on evil, do good of your free will,
seek peace and pursue it always.

God keeps his eyes on the righteous of heart,
attentive his ears to their cries,
but sets his face against those who do wrong
their memory from earth to erase.
Cry out, you righteous, in all of your anguish:
the Lord will deliver and save.

Those broken-hearted, whose spirit is crushed,
the Lord will uphold in his grace;
though under troubles the righteous are pressed,
the Lord will deliver and save.
He will protect them, they shall not be broken,
he safely will show us his ways.