

- 1 I waited patiently for God: he turned to me and heard my cry.

  He took me from the slimy pit: he pulled me from the mud and mire.

  Upon solid rock he planted my feet:

  a place I could stand that made me secure.
- 2 You bless all those who trust in you, who follow what you do and say.

  Great wonders you have done for us and great the plans that you have laid.

  Were I to recount or quantify them
  their sum would exceed what I could declare.
- 3 Not sacrifice nor offering do you desire from me, O Lord, but ears to listen to your word, to live my life as you direct. For I have desired to live in your will: establish your law and rule in my heart.
- 4 Your righteousness I have declared, I openly proclaim your praise. Your goodness I have magnified and will continue to each day. So do not withhold your mercy from me, set guard over me your truth and your love.